

St. Anne Institute

LOVING ♥ CARING ♥ PROTECTING



St. Anne Institute - News & Notes

November, 2022

As we have turned the page on our calendar to the month of November, we are reminded of who we are thankful for. In this issue, we will bring you updates and happening on our main campus, satellite office and more.

A Message From Our CEO, Richard Hucke





1 - Richard Hucke, CEO

Dear Friends and Family of St. Anne Institute,

It has been almost two years that I have been privileged to be part of the incredible St. Anne Institute team. The time has been filled with much work and some changes. Throughout the time with Covid, we have persevered and quickly changed and adapted to the times, with remote workers, to telehealth, Internet meetings, and the challenges that present themselves in every case.

As we have been transforming lives of those we serve, we have simultaneously been transforming our presence in our communities, on our social media platforms, through our events, within our agency, and now through our monthly news and notes. I certainly hope that you will enjoy and share the happenings and information included.

As we come up on Thanksgiving, I personally thank each and everyone of you for your dedication to St. Anne Institute, it is because of you that our agency continues to make the positive changes in those we help.

On behalf of the staff, board of directors of the Institute and Foundation, and our clients, Happy Thanksgiving to you and your families near and far.

With Gratitude,
Richard Hucke

"It is because of you that our agency continues to make the positive changes in those we help."

Education & Day Services



We all know that learning isn't all done in the classroom. Our students have been expanding their horizons with numerous field trips over the past few months with many more to come. The students look forward to the fun and educational trips.

September Trips Taken

- State Museum (9/11 exhibit) with American History class

- Joanne Fabrics to pick out fleece material for a blanket for Jr. High Health student
- Capital Murals Scavenger Hunt (driving and walking around downtown Albany finding the many murals that grace the Albany buildings) with Art Class
- Albany Institute of History and Art (map exhibit) with American History Class
- Cohoes Falls for a hike
- 5 Rivers Outdoor Educational Center, Delmar with Science Class and other groups for hiking
- Whistling Kettle, Troy with Health Class
- Golden Harvest, Valatie

October Trips Taken

- Spare Time Bowling with Gym Class and other groups
- Aquarium
- New York State Capitol with Government Class
- Schuyler Mansion with American History Class
- Schenectady Library for a Harry Potter Day (Saturday trip)
- State Museum for geography class
- Schenectady Library for HalloBingo event
- Spare Time Bowling
- Mystic Fair South Concourse
- Corning Tower with members of the book club

Reading Initiative Lunch, Wednesday November 2. Celebratory lunch for reading a book as a school community. Conference Center 1.30-2.50

Affiliations and Accreditations



Earlier this year, St. Anne Institute received notification that we had been reaccredited by the Council on Accreditation (COA). Organizations pursue accreditation to demonstrate the implementation of best practice standards in the field of human services. COA evaluated all aspects of SAI's programs, services, management, and administration. Led by Chief Operating Officer Theresa Gabriel, it took SAI over 18 months to achieve accreditation.

This is a significant achievement for St. Anne Institute and one we are extremely proud of accomplishing. COA accreditation is an objective, independent, and reliable validation of an agency's performance. The COA accreditation process involved a detailed review and analysis of SAI's administration, management, and service delivery functions against international standards of best practice. The standards driving accreditation ensure that services are well-coordinated, culturally competent, evidence-based, outcomes-oriented, and provided by a skilled and supported workforce. COA accreditation demonstrates accountability in the management of resources, sets standardized best practice thresholds for service and administration, and increases organizational capacity and accountability by creating a framework for ongoing quality improvement.

To achieve COA accreditation, SAI provided written evidence of compliance with the COA standards. A group of specially trained volunteer Peer Reviewers confirmed adherence to these standards during a series of on-site interviews with trustees, staff, and clients. Based on their findings, COA's volunteer-based Accreditation Commission voted that St. Anne Institute had successfully met the criteria for accreditation.

Although the formal part of the accreditation process has been completed, our work is far from over. COA accreditation is not an end in and of itself. Rather, it is a process by which our organization can consistently strive for and achieve new levels of excellence.

Technology Department



Technology at St. Anne Institute has been working on updating all our computer systems to Microsoft 365, for a more secure way to communicate with each other and our clients. The department has been working on inventory of all electronics as well as updating contracts with our vendors.

Education



Our very own Rick Potter, Principal at St. Anne Institute works in conjunction with Christine Carioto of BOCES to deliver an in-depth presentation on Alternative Education. For more information please visit the link below:

[HFM BOCES - Alternative Education](#)

Community Based Clinical Services - Outpatient and Satellite Offices



November happenings:

It has been a long journey over the past two plus years. During the height of the Covid-19 pandemic, St. Anne Institute's Community Based Clinical and Care Management staff were asked to completely shift their way of offering services to individuals in the community. They persevered, were flexible, and creative, and continued to offer the support and counseling St. Anne is known for, despite the challenges.

With those challenges came some new ways of thinking about how we work, not only with those we serve, but also within our department. Our community based services are spread over several upstate regions covering the Capital Region, North Country, and Mohawk Valley areas. Bringing our staff together is a high priority to stay attuned to general and regional issues, keep staff informed, and most importantly reconnect as a department. We have had many people hired and staff promoted to support program expansion.

As part of this plan, the St. Anne Institute's Community Based Clinical and Care Management Services department will be gathering for their first quarterly workshop on November 16th. The staff will meet for department updates, discussion of program development and some time will be spent on recognizing the positive work we are doing. In addition, our own Phyllis Adler, LCSW-R and Sr. Clinical Supervisor of the Albany County Prevention program, will present a training on the Physiological Impact of Trauma. The training will educate staff and offer individuals some skills to support healing.

Staff will spend the last part of the workshop sharing lunch and offering time to get to know colleagues that work in other satellite offices.

The Community Based Clinical and Care Management Services is growing!

Rosa McKeon has been promoted to Assistant Director of Clinical and Care Management Services and will be leading our Children's Health Home as it continues to grow and serve multiple counties in upstate New York. Rosa has been with St. Anne Institute for over eight years. She was one of the first staff to initially develop the Children's Health Home program and is now poised to lead the expansion of these services. She is a wonderful and respected leader and our "go to" person for anything related to Health Homes!

Rosa has been busy hiring two new Care Managers who will be supporting service expansion in Albany, Schenectady, Saratoga, and the Fulton/Montgomery/Schoharie counties.

If you are interested in learning more about our Children's Health Home Services please see the St. Anne Institute website.

Emily Knauerhase, LMHC has been promoted to Assistant Director- Community Based Clinical and Care Management Services in the Hudson Falls office. Emily has been with St. Anne Institute for over eight years and has played an integral role in growing and sustaining the services in the North Country. She is a positive, knowledgeable, and well-respected therapist and now leader in the provider community. We are grateful to have her leading and growing our Hudson Falls office!

Cailin LeBarron, LCSW has been promoted to Program Administrator- CFTSS & Professional Development within the Community Based Clinical and Care Management Services. Cailin has been with St. Anne Institute for over seven years. She has experience working with both the Children and Family services, Prevention, as well as the Adult Counseling Outpatient Program. She has reenergized our internship program at St. Anne Institute allowing us to mentor the next wave of therapists! She dove into her role and has become our CFTSS (Children and Family Treatment and Support Services) specialist. She is currently working to expand our CFTSS services in the community. If you are interested in knowing more about the CFTSS program and offerings, please visit our St. Anne Institute website.

Community Based Clinical and Care Management department would like to also mention the great work our therapists over many programs have been doing. **We had several therapists receive a well deserved promotion to Sr. Therapist: Amy Sangaline, LCSW-R (Troy); Anthony Crawford, LMHC (Troy); Laura Buzon, LCSW (Troy); and Lauren Warren, LCSW (Hudson Falls, Troy).** These therapists are passionate and devoted to serving the individuals they work with and support on their path to achieving their goals.

Blue Heart Society at SAI



On Halloween, Blue Heart provided candy for all Agency Departments and also hosted a Halloween Costume contest for all staff that wanted to participate with prizes for scariest, funniest and best group costumes.

Our winners are listed below.



2 - Scariest Costume Winner



3 - Best Group Contest Winners



4 - Funniest Costume Winner

Pre-School - UPK



Our pre-school program is going strong students are having fun learning, growing, and making friends at St. Anne's. Our preschool classes have been learning about the season of fall. They love the colorful leaves on the trees & playing with them!

Our wonderful maintenance staff created a hayride for our preschool students and gave them fun rides around the property. What an amazing team we have.



5 - Fall Fun



6 - Halloween



7 - Fun with Blocks

Capital Campaign/Campus Improvements



Throughout the past few years, our economy has changed, and this has unfortunately caused some delays, shortages, and increased prices for all of us. Despite this, we at SAI have been persevering as we have successfully shuffled different projects and campus improvements. The upgrades to the elevator are now slated to begin in December. A new more energy-efficient boiler will arrive in April 2023. The water tower project is scheduled to commence in the Spring of 2023.

Although we have been met with some roadblocks, there is plenty of work that is being done. Our renovations to our Agency Behavioral Support Services Area are underway, and completion is expected by the Holiday Season. This project began with installation of new air-conditioning, abatement of the asbestos, and new constructions of walls and workstations. New and comfortable furniture and paint will finish off the transformation to give our families a friendly and welcoming place to visit their children along with an efficient and modern place for our employees to work.

St. Anne Institute has recently received the following grants:

Hannaford Charitable Foundation awarded \$50,000 to support kitchen renovations and equipment upgrades;

The William Gundry Broughton Charitable Private Foundation provided \$20,000 to support the construction of a multi-sensory room

Frederick McDonald Trust \$5,000 to help renovate the library

J.M. McDonald Foundation donated \$5,000 to help renovate the library.

THANK YOU! MORE TO COME!

Development Office



The Development Office has been hard at work, coming up with new, fun, and creative ideas, along with its newly formed Events Committee. We have established an **Annual Sponsorship Program**, so be on the lookout for that in the coming weeks.

Gold Heart Gala will be Friday, May 19, 2023 at the Wolferts Roost Country Club - Save the Date!

The Capital Campaign is in full swing, as previously mentioned, we couldn't do it without you. It is through efforts from everyone from our Board Members, Staff, Elected Officials, Affiliate Groups, and most importantly YOU that make us who we are today. We continue to bring awareness about the good works done through our agency to those living throughout New York State.

Collaboratively, we can positively change the lives of those who enter our doors! Your contributions, in-kind, monetarily or through volunteering, are all essential pieces that help our clients become stronger mentally and afford them opportunities they may not have had otherwise. If you would like to learn more on ways to help, please visit our website at www.StAnneInstitute.org, or contact our Development Office at 518-437-6563.

Giving Tuesday



On Tuesday, November 29th, we at St. Anne Institute will be celebrating **Giving Tuesday**, a global day of giving where people all over the world come together to support their favorite nonprofit. We are hoping you will join us in this event. So please put NOVEMBER 29th on your calendars and remember ST. ANNE INSTITUTE on that day. We will posting updates on how you can donate to St. Anne Institute on our website www.StAnneInstitute.org through Venmo [@St Anne Institute](https://www.venmo.com/@St_Anne_Institute) and our Facebook page.

Contact Us



Mission Statement

The Mission of SAI is to help any child, adult or family entrusted in our care to live with dignity by ensuring their physical well-being & enhancing their lives intellectually, emotionally & spiritually.

For additional information you can contact us at:

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Visit us on the web at www.StAnneInstitute.org

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